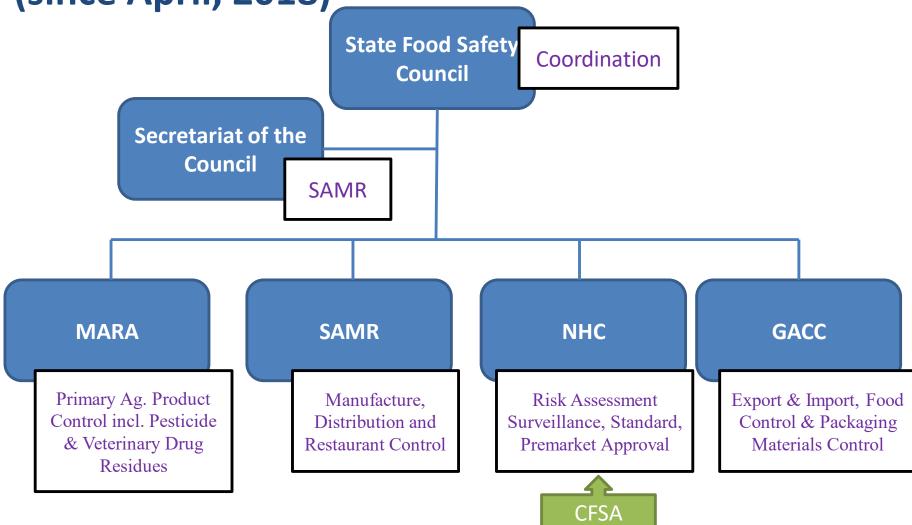


China Total Diet Study and its application on Dietary exposure assessment

Yongning Wu China National Center for Food Safety Risk Assessment 2022.10

National Food Safety Control System in China (since April, 2018)



MARA – Ministry of Agricultural and Rural Affairs NHC – National Health Commission **GACC** – General Administration of Customs **SAMR** – State Administration for Market Regulation

Organization Structure(cfsa)



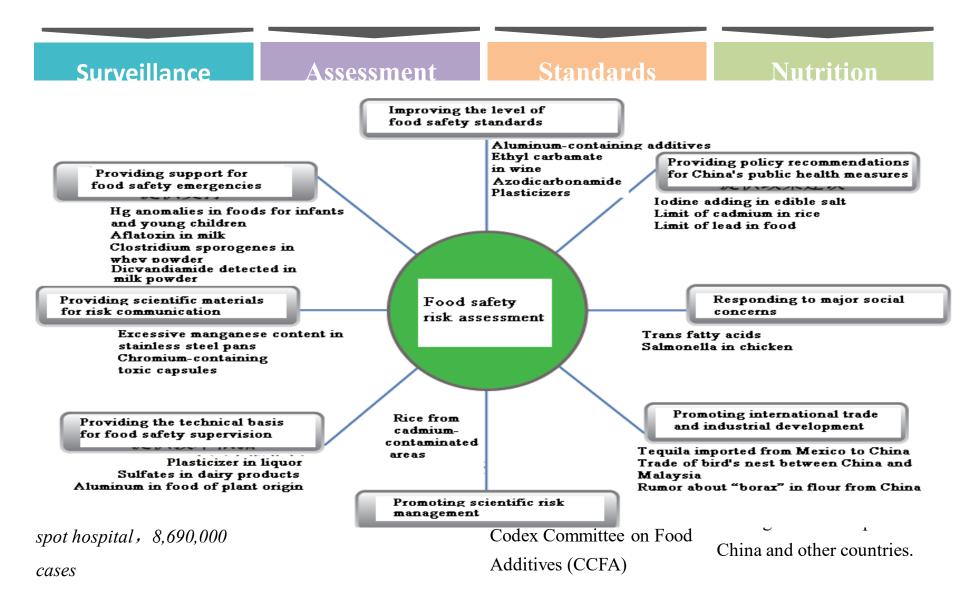
National Food Safety Standard Review Committee

Support and Guarantee units

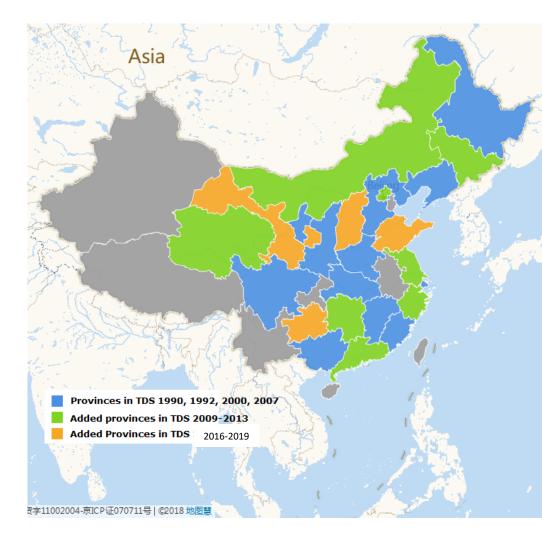
Administration units

the business and research units

Core Works



TDS in China



Leaders of China TDS



Prof. Dr. CHEN Jun-Shi, CAE academician



Prof. Dr. WU Yong-Ning





Prof. Dr. ZHAO Yun-Feng Prof. Dr. Li Jing-Guang

- 1st round TDS in 1990, 12 provinces involved, and 2nd, 3rd, and 4th round was conducted in 1992, 2000, and 2007 separately.
- 5th round covered 20 provinces
- 6th round involved 24 provinces, covered 86.5% population (1.1 Billion)
- 7th round involved 24 provinces, conducted at 2022

Objectives

- Estimate the dietary intakes of chemical contaminants and some nutrients by the residents in China;
- Provide scientific data for specific food safety risk assessment projects and the development of food safety regulations and standards;
- Indentify priority pollutants for national food surveillance by using non-target screening methods.
- Monitor the trends of chemical contamination in local diets;

TDS Schedule(6th CTDS)

Indicative time 5 years

Indicative time 6 months

PLANNING

•Define objectives of TDS

•Collect data and information

•Develop food list, sampling and analytical plan , select components

•Organize staffing needs

Indicative time 30-36 months

<u>SAMPLING AND</u> <u>ANALYSIS</u>

- •Sampling from 24 Province
- •Kitchen preparation and pooling of samples
- •Transportation and Storage
- Analysis

Indicative time 6 months

DIETARY EXPOSURE ASSESSMENT

Validate data

•Carry our exposure assessment and analysis

•Compare with health-based guidance value Indicative time 6 months

PUBLICATION

Publish book

•Website

Conferences

Scientific articles

•Share data with WHO,FAO,EFSA

Food groups

All food samples are grouped into 13 food categories



- 1 Cereals and products
- 2 Legumes, nuts, and products
 - Potatoes and products
 - Meats and products
- 5 Eggs and products
 - Aquatic foods and products
 - Milk and products
 - Vegetables and products
 - Fruits and products
 - Sugar

3

4

6

7

8

9

10

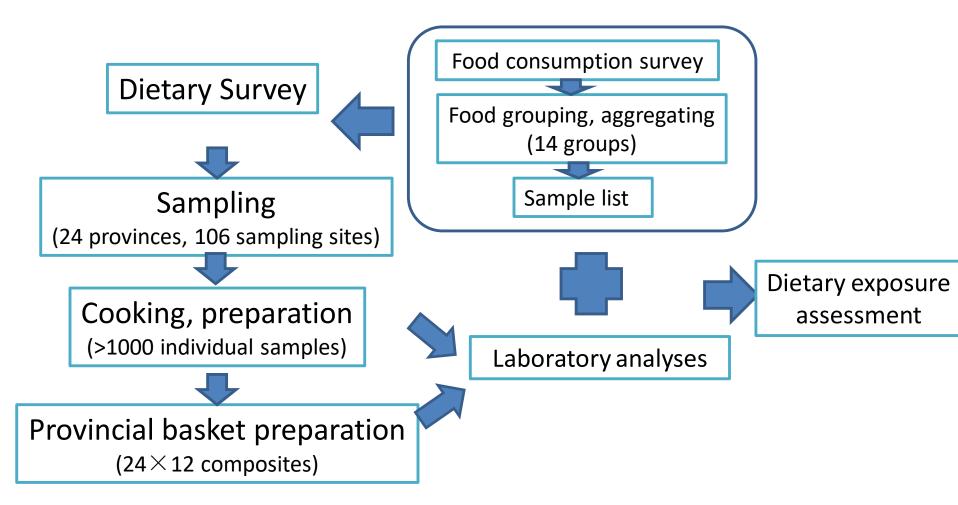
11

13

- Beverages (non-alcohol)
- 12 Alcoholic beverages
 - Condiments(include Cooking oils)

Methodology

• Working scheme of 6th TDS (2016-2020) in China



Food consumption survey

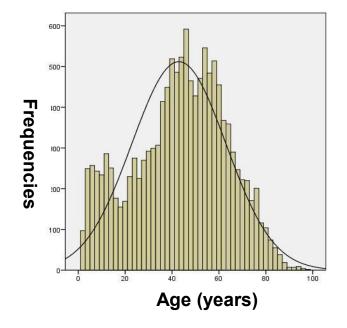
• Survey methods:

3 nonconsecutive 24-h recall surveys;

(face-to-face, two working days, one in weekend)

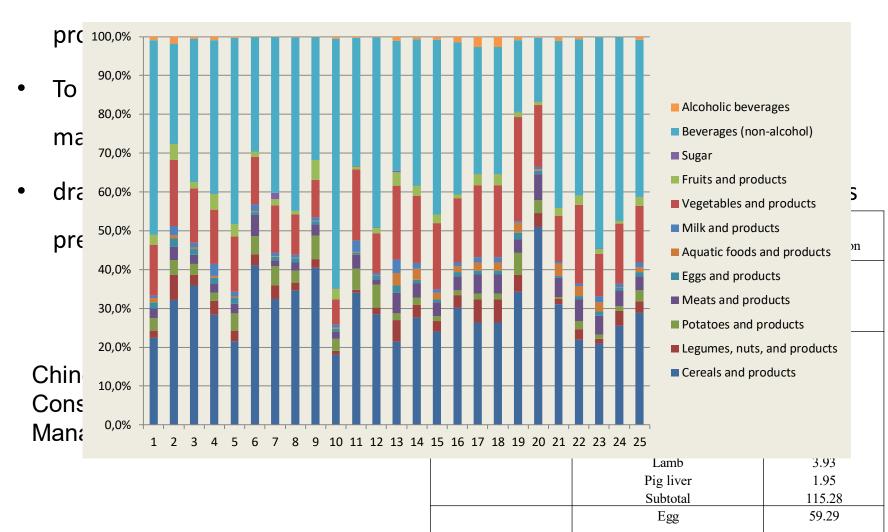
- 3-day household survey
 (including weighing and recording, mainly for condiments)
- ≻ FFQ
- cooking methods

(A great challenge due to the complexity of Chinese deal)



Food Aggregation

• To categorize some similar foods into one representative food in each



蛋类 Eggs

Preserved egg

Subtotal

2.98

62.26

Food Sampling

• Survey sites:

➢ 6 sites (4 rural, 2 urban) in the provinces with the population >50 million,

➤ 3 sites (2 rural, 1 urban) in the provinces with the population <50 million,</p>

 In each survey sites, food samples were purchased at local food markets like supermarket, fairgrounds, bazaars, grocery stores, farmer's markets, and local farm. After sampling, food samples were required to be taken to the cooking and processing sites as soon as possible.







Food Preparation

- mixed the same samples from different sampling sites
- cooking samples according to the recipes with local habits and condiments .
- In each province, composite sample of each food category were prepared according to consumption data .
- All individual samples and composites were shipped to our laboratory in CFSA under Cold chain transportation (<-20^oC)



Laboratory Analysis

• Individual samples or composite samples?

depending on the cost, or the request of the authorities.

- The analysis conducted by our laboratory or network labs of food safety risk assessment.
- Substances determined:
 - elements: heavy metals, nutrient elements, rare earth elements, element species
 - Pesticides: quantitative determination: 240 chemicals

qualitative determination (screening methods): 672 chemicals

- Veterinary drugs: about 200 chemicals
- POPs : PCDD/Fs, PCBs, PBDEs, HBCDs, TB-BPA, PFASs, SCCPs, persistent organochlorine pesticides
- Phytotoxin: mycotoxins, Glycoalkaloids
- Other chemical pollutants: PAHs, perchlorate, nitrate and nitrite, acrylamide, Chloropropanol and its ester, phthalates and their metabolites, trans-fatty acids
- Nutrients: protein, fat, vitamins.

Dietary exposure assessment

Model 1: Deterministic assessments

adult males' exposure assessment in each province

- Concentrations of substances in composites;
- Food consumption data for the adult male (standard men);
- The average bodyweight of adult male in China , from the latest china health and nutrition survey (CHNS)
- Assess average dietary exposure for adults in China
- Model 2: probabilistic assessments
 individual exposure assessment
 - Concentrations of substances in composites;
 - Food consumption data for individuals (>40000 individuals);
 - individual body weight
 - Monte Carlo simulation / Bootstrap

Publishment of Data

2000 with 2009-2012.

JANA The Journal of the American Medical Association

RESEARCHLETTER

Salt and Sodium Intake in China

Noncommunicable diseases are increasing globally, with major socioeconomic implications.1 The World Health take to reduce risk of hypertension.

In China, hypertension prevalence is rising³ and salt infrom 2002, and China's dietary habits are changing.

Method | The National Centre for Food Safety Risk Assess ment Ethics Committee approved China's total diet studies Organization² proposed 9 noncommunicable disease- All participating householders provided oral consent. Total related targets, including 30% reduction in salt/sodium in- diet studies include weighed food intake and laboratory analysis of prepared foods representing dietary intake, using a standardized design.5 They are designed to assess take is high (12 g/person/d).⁴ However, this estimate derives food consumed and its biochemical content, accounting for losses during processing, preparation, and storage. By 2011,

We compared salt and sodium consumption in China in

Table. Weighed Daily Salt Intake and Laboratory Analyzed Sodium Intake of a Standard Person in 12 Provinces of China in 2000 and 2009-2011 and in 8 Additional Provinces in 2009-2012

	Weighed Salk Insake, g			Analyzed Sodium Insake, g			- Proportion of Chinese	
	Year			Year			Population, %	
	2000	2009-2011	Change, %	2000	2009-2011	Change, %	2000 ^µ	2010*
12 Provinces®								
Hellongjiang	10.1	7.6	-24.8	5.3	4.9	-7.6	6.7	6.6
laoning	10.6	11.7	10.4	5.2	5.0	-4.6	7.4	7.5
Habel	11.3	11.3	0.0	7.4	6.0	-18.2	11.7	12.4
Shaaned	17.9	11.7	-34.6	9.0	6.5	-28.0	6.4	6.4
Henan	13.5	12	-11.1	6.3	7.1	12.0	16.7	16.2
Ningxia	10	7	-30.0	4.4	3.8	-12.8	1.0	1.1
Shanghal	10.3	6.7	-35.0	4.9	4.7	-3.9	2.9	4.0
Fujlan	10.5	6.8	-35.2	6.2	6.9	11.4	6.0	6.4
llanged	11.5	6.3	-45.2	5.1	3.7	-26.7	7.3	7.7
Hubel	15.2	8.9	-41.4	8.2	5.9	-28.7	10.5	9.9
Sichuan	10.1	5.6	-44.5	6.4	3.4	-47.0	15.1	13.9
Guangxi	7.6	9.8	28.9	4.5	7.2	61.0	8.4	7.9
Unweighted, mean (SD)	11.6 (2.8)*	8.8 (2.4) ^c	-24.1	6.1 (1.5)	5.4 (1.4)	-11.5		
Population-weighted Intake, mean	11.8	9.2	-22.2	6.4	5.6	-12.3		
8 Additional Provinces ²		2009-2012			2009-2012			
Baijing		11.7			7.5			4.5
Jilin .		10.2			4.5			6.4
Qinghal		9.4		5.8				13.1
nner Mongolia		8.7			4.7			5.7
llangsu		9.8			5.1			18.2
Thejlang		8			5.7			12.6
Hunan		9.2			6.7			15.2
Guangdong		7.4			3.4			24.2
Unweighted Intake, mean (SD)		9.3 (1.3)			5.4 (1.3)			
Population-weighted intake, mean		8.9			5.2			
All 20 Provinces (2009-2012)								
Unweighted Intake, mean (SD)		9.0 (2.0)			5.4 (1.3)			
Population-weighted intake, mean		9.1			5.4			
Census year.			£ 1	Naids a calculat	ted sodium intak	e of 4.5 girl in 1	000 and 3	5 eMin

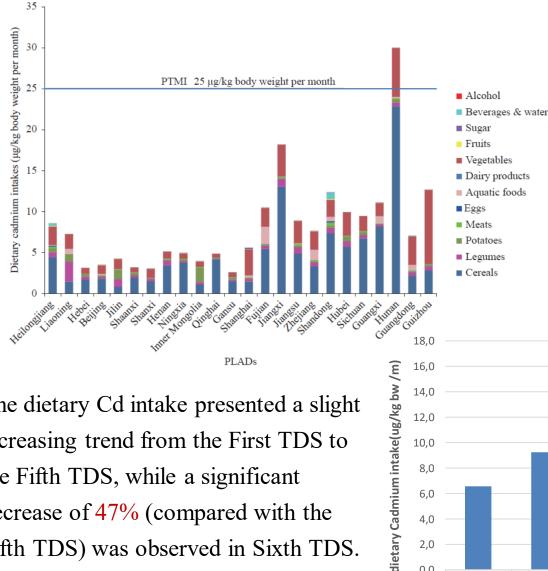
- China Total Diet Study started in 1990
- Methodologies and results are published
- The 6th China TDS is now underway



"The Fourth China Total Diet Study", 2015 "The Fifth China Total Diet Study", 2018

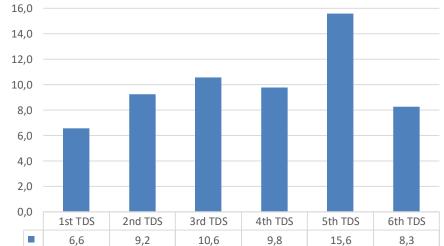
DB Hipgrave, SY Chang, XW Li, YN Wu*. *JAMA*, 2016, 315: 703-705.

Example I: Cadmium Deterministic assessments



The average dietary intake of Cd for Chinese residents was 8.25 ug/kg bw /m. Except Hunan, the average dietary intake of the other PLADs the average dietary intake of Cd was below the PTMI value of 25 μ g/kg·bw/m established by JECFA. .

The dietary Cd intake presented a slight increasing trend from the First TDS to the Fifth TDS, while a significant decrease of 47% (compared with the Fifth TDS) was observed in Sixth TDS.

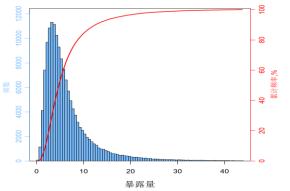


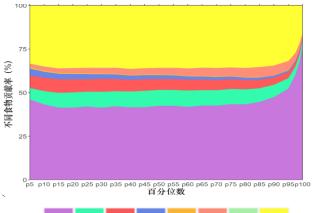
Example I : Cadmium probabilistic assessments

Age	Gender	P50	P75	P95	P99
2-60+		5.0	8.0	18.0	33.4
2-6		8.1	13.4	31.1	65.6
7-12		7.5	12.0	26.3	51.9
13-17	Male	5.9	9.2	21.1	36.4
18-59		4.8	7.5	16.7	30.3
60+		4.8	7.6	16.7	31.0
2-6		7.9	13.0	29.0	46.7
7-12		7.2	11.5	27.0	47.6
13-17	Female	5.3	8.1	17.8	30.6
18-59		4.8	7.5	16.5	30.2
60+		4.8	7.6	17.2	31.0

*ug/kg b.w./m

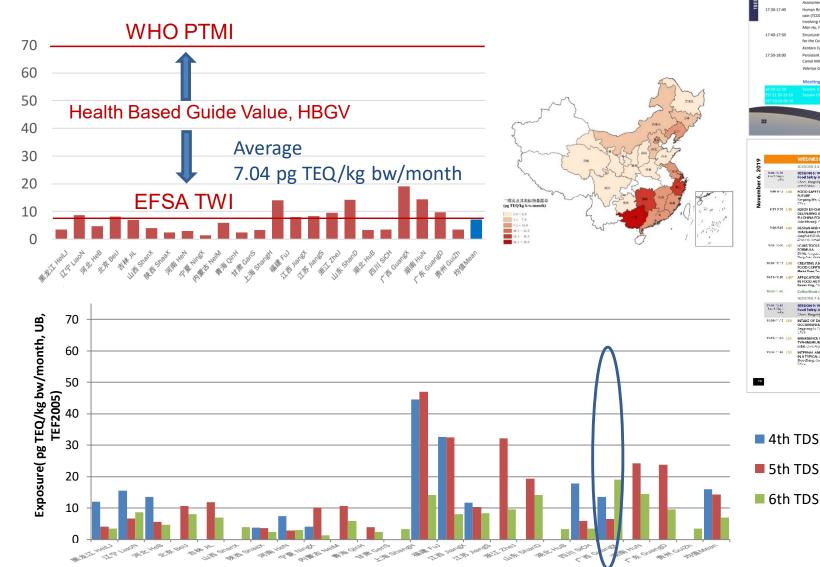
2.2% indivituals of the total population were exceeded to PTMI







Example II: Dioxins Deterministic assessments

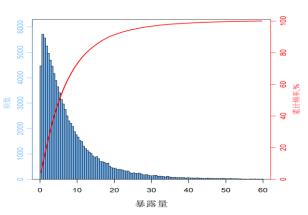


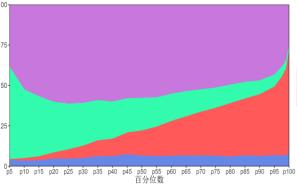


Example II: Dioxins probabilistic assessments

Age	Gender	P50	P75	P95	P99	
2-60+		5.5 [5.42, 5.52]	11 [10.89, 11.08]	26.9 [26.68, 27.24]	49.4 [48.66, 50.39]	
2-6		14.6 [13.9, 15.4]	26.9 [25.5, 28.2]	58.6 [53.8, 62.3]	89.8 [82.8, 103.9]	100
7-12	Ħ	10.5 [10.1, 10.9]	20.2 [19.2, 20.9]	41.0 [39.6, 43.2]	65.3 [60.2 , 76.6]	
13-17	男 Male	7.1 [6.6, 7.4]	13.3 [12.6, 14.]	28.5 [26.1, 31.4]	51.5 [45.1, 64.2]	
18-59		5.2 [5.2, 5.3]	10.2 [10.1, 10.4]	24.0 [23.6, 24.5]	41.5 [40.0, 42.7]	10
60+		5.2 [5.1, 5.3]	9.9 [9.7, 10.2]	22.9 [22.3, 23.8]	43.2 [40.9, 45.4]	7
2-6		14.5 [13.7, 15.1]	26.5 [25.2, 27.6]	66.7 [57.9, 72.0]	119.5 [107.1, 144.4]	8
7-12		8.9 [8.6, 9.4]	17.2 [16.3, 18.1]	38.6 [36.4, 41.0]	65.6 [59.7, 71.2]	不同食物贡献率 5
13-17	女 Female	6.4 [5.9, 7.0]	12.7 [11.7, 13.4]	25.7 [24.7, 28.2]	43.8 [38.6, 47.6]	₩ 2
18-59		5.0 [4.9, 5.1]	10.0 [9.8, 10.1]	23.8 [23.4, 24.2]	42.2 [40.8, 43.6]	
60+		4.9 [4.8, 5.0]	9.9 [9.68, 10.11]	24.38 [23.44, 25.04]	45.8 [43.45, 48.66]	

0.34% indivituals of the total population were exceeded to PTMI





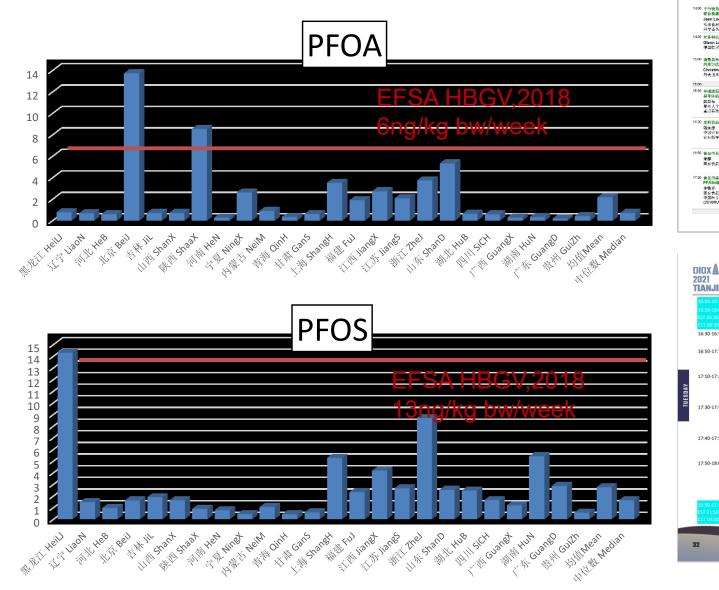
(pg TEQ/kg bw/month)

WHO HBGV: PTMI 70pg TEQ/kg bw/month

Milk Aquaticas Eggs Meats

Example II: PFASs

Deterministic assessments



专题演讲 K Session K

食品中多种 Risk Asse 白树木 Session Chai

Jean Lo 牧浦會品 科学委员

Glenn L 문의학기

钱永忠 中国交易 农业局事

来群 国家食品

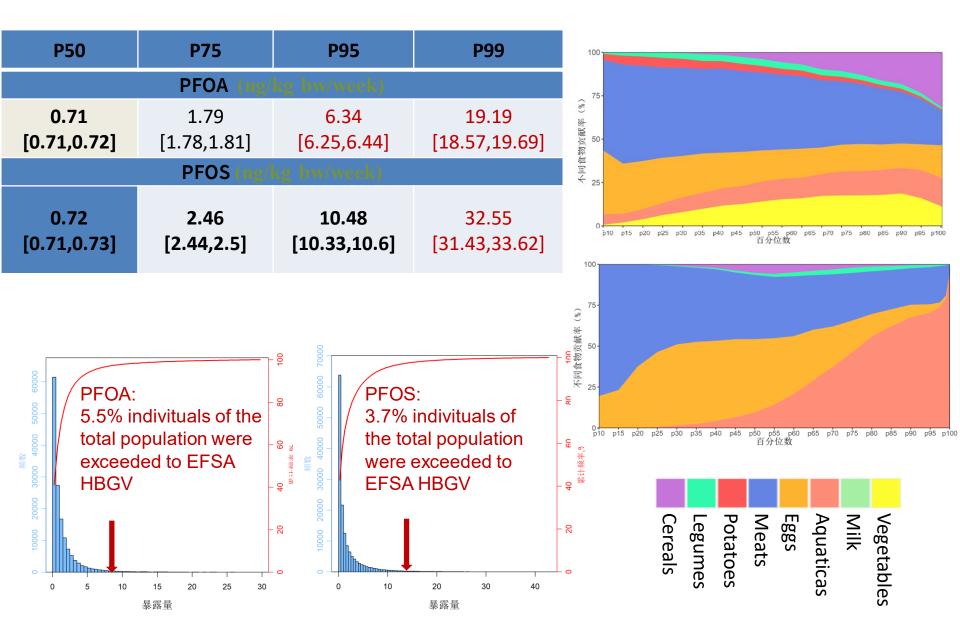
会议结正

时完装物联合暴露的风险评估 sament of Combined Exposure to	Multiple Chemicals	
宗教尤 网络含品 安全风险评估中心,中国家和	和采用者以安全问题已以2013RU014;二世	
Li Jingguang, Professor and Director of Chin Foor Safetr (2019RU014), China National Ce	zse Acade my of Madrida, Solandes Rossandh Unit for mer for Flood Safety Risk Acadesiment	
8:EFSA任财多种化学品 8的风险计估 20 Dome 8交全局 5会发新兴风险作门离议科学官员	Risk Assessment of Combined Exposure to Multiple Chemicals at EFSA: A Horizontal Perspective Jean Lou Dorne, Script Scientific Officer, Scientific Committee and Emerging Risks Unit, European Food Safety Aultority	٢
以再复合暴露的分级风险评估方法 Jurman	A Tiered Approach for Risk Assessment of Combined Exposures to Multiple Pesticides Glenn Luman, Service Scientisi.	
和风吟钟信讲究者(回图)资养研究员	German Federal Institute of Risk Assessment (BIR)	
e會品中化学品浸含物对 5%時實證的科学 te Nellemann	The Science Behind the Risk Assessments of Effects of Mixtures of Chemicals Present in Consumer Products & Food	*
计记录变命令意义	Christine Nellemann, Director, National Food Institute, Technical University of Denmark	
8 8	BREAK	
R合物的遗传毒性知过了 各相加作用	Real-World Mixtures of Nitrosamine Exceed Their Additive Individual Genotoxic Effects, Even at Low Concentrations	1
7公共卫生学院公共卫生安全教育部 8字取長	Qu Weidong, Professor, Key Laboratory of the Public Health Safety, Ministry of Education, School of Public Health, Fudon University	
副中污染混合物的复合毒性评估	Combined Toxicity Evaluation for Contaminant Mixtures in Raw and Fresh Food	ŵ
8科学院 #標準与抱象版大研究所所长、研究员	Qian Yongzhong, Professor and Director of Institute of Quality Standard and Test Technology for Agro-Products, Chinese Academy of Agricultural Science	
比学混合物采研风险评估研究	Study on Cumulative Risk Assessment of Chemical Mixtures in Food	
li安全风险钟fr 中心研究员	Song Yan, Professor, China National Conter for Food Safety Risk Assessment	
è物基森组解析与意識會研究 装合暴露的风险评估	Exposure Characterization of Contaminants in Food and Total Diet Study: Risk Assessment for Group PEASs	
是宁风吟钟作中心。 7村学院会是安个创新单元 J014)主任	Li Jingguang, Professor and Director of Chinese Academy of Medical Sciences Research Unit for Food Safety (2019RU014), China National Genler for Food Safety Rick Assessment	

End of Conference

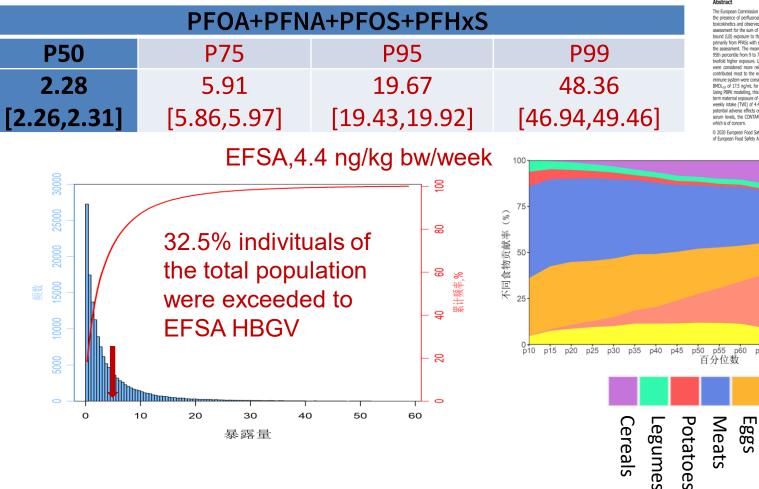
IOX A N 021	41st International Symposium on
IANJIN	Hologenated Persistent Organic Pollutants
16:05-16:30	Coffee Break
16:30-16:50	The Organic Flame Retardant Story: Knowns and Unknowns
	Stuart Harrad, University of Birmingham
16:50-17:10	Prenatal Exposure to Contaminants of Emerging Concern and Potential Health Risks
	Da Chen, School of Environment, Jinan University
17:10-17:30	Dietary Intake of Dioxins Like Compounds and Per/Polyfluoro- alkyl Substances in China: Occurrence and Temporal Trend Jingguang Li, China National Center for Food Safety Risk Assessment
17:30-17:40	Human Risk Assessment For 2,3,7,8-Tetrachlorodibenzo-p-Di- oxin (TCDD) Based Toxicity Testing in the 21 Century Approach Involving Aryl Hydrocarbon Receptor (AhR) Signaling Pathways Man Hu, Fudan University
17:40-17:50	Structural Insights into Major Latex-Like Proteins Responsible for the Contamination with POPs in Zucchini
	Kentaro Fujita, Kobe University
17:50-18:00	Persistent Organic Pollutants (POPs) in Chicken Eggs and Camel Milk from Southwestern Kazakhstan
	Valeriya Grechko, Arnika - Toxics and Waste Programme
	Meeting Room 15 (Second Floor)

Example II: PFASs probabilistic assessments



Example II: PFASs probabilistic assessments

Group PFASs (ng/kg bw/week)







ADOPTED: 9 July 2020 doi: 10.2903/j.efsa.2020.6223

Risk to human health related to the presence of perfluoroalkyl substances in food

EFSA Panel on Contaminants in the Food Chain (EFSA CONTAM Panel), Dieter Schrenk, Margherita Bignami, Laurent Bodin, James Kevin Chipman, Jesus Bettina Grasi-Kraupo, Christer Hoostrand, Laurentius (Ron) Hoogenboom. -Charles Leblanc, Carlo Stefano Nebbia, Elsa Nielsen, Evangelia Ntzani, Annette Petersen Salomon Sand, Christiane Vleminckx, Heather Wallace, Lars Barregard, Sandra Ceccatelli* Jean-Pierre Cravedi, Thorhallur Ingi Halldorsson, Line Smästuen Haug, Niklas Johansson, Helle Katrine Knutsen, Martin Rose, Alain-Claude Roudot, Henk Van Loveren, Günter Vollmer Karen Mackay, Francesca Riolo and Tanja Schwerdtle

Abstract

The European Commission asked EFSA for a scientific evaluation on the risks to human health related to the presence of perfluoroalkyl substances (PFASs) in food. Based on several similar effects in animals, toxicokinetics and observed concentrations in human blood, the CONTAM Panel decided to perform the assessment for the sum of four PFASs: PFOA. PFNA. PFHXS and PFOS. These made up half of the lower cound (LB) exposure to those PFASs with available occurrence data, the remai primarily from PEASs with short half-lives. Equal potencies were assumed for the four PEASs included in the assessment. The mean LB exposure in adolescents and adult age groups ranged from 3 to 22, the 95th percentile from 9 to 70 ng/kg body weight (bw) per week. Toddlers and 'other children' showed a twofold higher exposure. Upper bound exposure was 4- to 49-fold higher than LB levels, but the latter were considered more reliable. 'Fish meat', 'Fruit and fruit products' and 'Eggs and egg products' contributed most to the exposure. Based on available studies in animals and humans, effects on the mmune system were considered the most critical for the risk assessment. From a human study, a lowest BMDL₁₀ of 17.5 ng/mL for the sum of the four PFASs in serum was identified for 1-year-old children. Using PBPK modeling, this serum level of 17.5 ng/mL in children was estimated to correspond to longterm maternal exposure of 0.63 ng/kg bw per day. Since accumulation over time is important, a tolerable weekly intake (TWI) of 4.4 ng/kg by per week was established. This TWI also protects against other potential adverse effects observed in humans. Based on the estimated LB exposure, but also reported serum levels, the CONTAM Panel concluded that parts of the European population exceed this TWI, which is of concern

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p65 p70 p75 p80 p85 p90 p95 p100

Vegetable

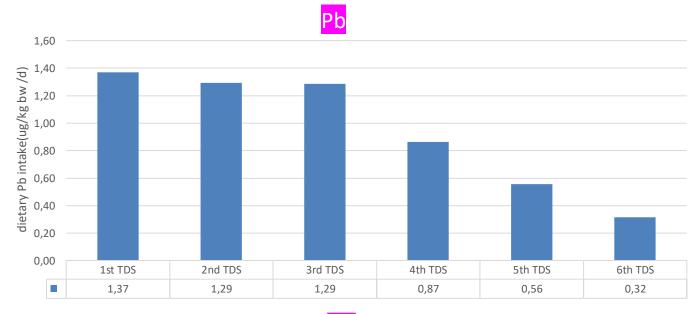
Milk

Aquaticas

Potential Emerging Pollutants (probabilistic assessments)

	Unit	P50	P75	P95	Р99
Perchlorate	ug/kg b.w./d	0.22	0.37	0.83	1.48
Cl-PFESA	ng/kg b.w/w	0.13	0.67	6.3	54.05
AME	ng/kg b.w./d	7.9	24.2	89.8	187.5
DON	ng/kg b.w./d	0.33	0.61	1.38	2.64
AFTBG	ng/kg b.w./d	0.53	2.06	9.52	20.66
Fipronil	ng/kg b.w./d	2.8	8.3	69.1	315.4
100 75- 100 100 100 100 100 100 100 100 100 10	Perchlorate			100 (x) 非增短和 50- 40 	DON
오유 264 254 254 254 254 254 254 254 254 254 25	pado pads <u>poo gas</u> pado pads por por por pado pads p CCI-PFESA 40 pads <u>pods pods</u> por por pods pado pads po	Legumes Cereals	Aquaticas Eggs Meats Potatoes	Vegetables	AFTBG
100 75- 00 95 91 91 91 91 91 91 91 91 91 91 91 91 91	AME	3 pås p100		75- 75- 860 25- 0ps pto pts p20 p2s p30	

Time trend







Time Traceability of melamine in milk samples

			N 1			N 2			S1			S2	
		HL	LN	HeB	ShX	HeN	NX	ShH	FJ	JX	HuB	SC	GX
2	Melamine	ND	ND	ND	ND	14.7	ND	ND	ND	ND	ND	5.4	ND
0	CYA	7.3	ND	ND	ND	34.3	ND	ND	ND	ND	7.6	16.3	18.9
0	AMD	14.7	ND	ND	12.7	ND	ND	ND	ND	ND	ND	ND	ND
0	AMN	ND	ND	ND	ND	ND	ND	ND	ND	ND	ND	ND	ND
2	Melamine	220.5	703.2	176350.0	521.3	213.4	575.3	300.0	1171.8	1450.0	525.0	272.6	6.5
0	CYA	166.2	77.8	235.0	174.2	242.0	214.1	181.4	503.2	150.0	ND	26.4	116.4
0	AMD	ND	50.0	509.9	22.6	15.1	21.1	0.6	28.8	825.0	200.0	ND	116.4
7	AMN	ND	ND	1609.5	28.4	ND	45.9	ND	14.4	25.0	25.0	2.9	ND
2	Melamine	2.1	ND	22.4	ND	ND	ND	ND	ND	ND	ND	20.5	ND
0	CYA	40.6	400.7	36.8	33.2	69.5	ND	257.6	33.4	30.7	57.0	35.5	29.7
0	AMD	ND	ND	ND	ND	ND	ND	ND	ND	ND	ND	ND	ND
9	AMN	ND	ND	ND	ND	ND	ND	ND	ND	ND	ND	ND	ND

Unit: $\mu g/kg$; ND≤LOD (0.002 mg/kg)

-100

0

100

200

300

400

500

600

700

Salt and Iodine Intake and Cooking Loss

Females 100 RDA 50th N=310 Mean Mean=278 80 SD=220 75th 2 UL Women, 60 TDI 90th 40 20 0

Dietary iodine, mg/d

800

900

1000 1100 1200 1300 1400 1500 1600 1700 1800 1900

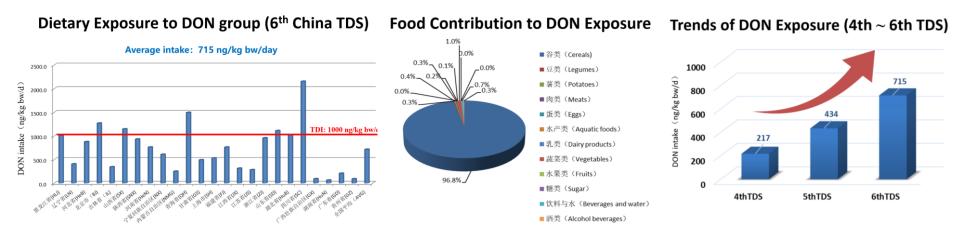
Dietary iodine intake for iodized salt cooking: **226 mg/day** Dietary iodine intake for non-iodized salt cooking is: **83 mg/day** Contribution rate of iodine in iodized salt: **63.5%** Iodine cooking loss rate of iodized salt: **24.6%**

Food Standard in China

Revision of GB 2761-2017

(General Standard for Mycotoxins in Foods)

China TDS — Deoxynivalenol (DON)



Providing data to WHO

• Food contamination data & dietary exposure data

提交数据内容 Data	提交数据类型 Data type	数据报告 Data Report	
铅 Lead	污染物监测网的单个数据和总膳	JECFA_73_summary	
镉 Cadmium	食研究的摄入量数据 Contamination levels of		
丙烯酰胺 Acrylamide	individual food items & Dietary exposure estimates	FAO JECFA MONOGRAPHS 8	
脱氧雪腐镰刀菌烯醇 Deoxynivalenol(DON)	from China TDS	JECFA_72_summary	
伏马菌素 Fomonisins (FB)		JECFA_74_summary	
汞 Mercury	总膳食研究的摄入量数据	FAO JECFA MONOGRAPHS 8	
砷 Arsenic	Dietary exposure estimates from China TDS	JECFA_72_summary	
多氯联苯 PCBs			
氯丙醇酯 Chloropropanol esters			

Acknowledgement

• We would like to express our gratitude to all subjects and all provincial CDCs.

Thanks to:

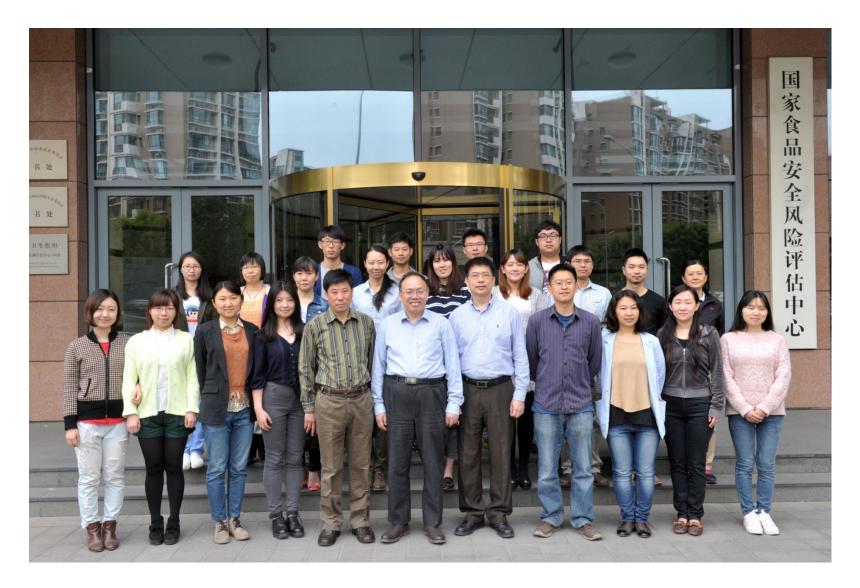
National Health Commission of the People's Republic of China 中华人民共和国国家卫生健康委员会







The Team of Chemical Lab. in CFSA





Thank you

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